



YP substance misuse service contract reporting.

Quarter 2 – July – September 2025

Activity Report - Referrals

Total number of Referrals received by the ReFRESH service.	July	August	September	Quarterly total
	20	18	20	58

Number of YP's allocated to Treatment team at time of referral.	July	August	September	Quarterly total
	7	8	10	25

Number of YP's allocated to Engagement/Early Intervention teams at time of referral.	July	August	September	Quarterly total
	13	10	10	33

Referral source	Quarterly total
Crime Prevention & HYJS	17
Children and Family Services	14
Universal Education	8
Relative/Peer/Concerned other	5

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Self	5
Targeted Youth Support	2
School Nurse	2
Hospital	2
G.P.	1
CAMHS	1
YP Housing	1

**Activity Report – Successful Closures**

Number of success closures in ReFRESH Service	July	August	September	Quarterly Total
Tier 2 – Unstructured, Early Intervention/Engagement support.	18	7	6	31
Tier 3 – Structured Treatment support.	23	11	8	42
<b>Total number of successful closures.</b>	41	18	14	73

% of Young People who successfully leave Tier 3 – Structured treatment who are in paid work / college/ or school.	July	August	September	Annual Target
	91%	100%	100%	80%

% of Young People who report improvements in health at the point of discharge (Tier 2 & 3).	July	August	September	Annual Target
	100%	100%	100%	70%

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Number of Young People successfully discharged from the service who have complete a Feedback/satisfaction survey	July	August	September	Annual Target
	2	4	1	80% of planned closures to have completed feedback/survey.

**Activity Report – Activity Data**

Activity Data	July	August	September	Quarterly total
Number of 1:1 Sessions offered.	282	203	258	743
Number of 1:1 Sessions Successfully attended.	186	142	185	513
Number of Multi-Agency Involvements (Meetings, calls, emails etc)	330	195	328	853

Locality of all activity	% split
North	25.5%
East	32.5%
West	36.5%
E/R	5.5%

**Activity Report – Narrative**

**Referrals:**

Referrals numbers were down on the previous quarter due to Summer. This is consistent from Q2 from previous years, however this will be closely monitored to ensure we are receiving the referrals for young people at the right time.

**Referral Sources:**

Crime Prevention (Diversion Panel) and Hull Youth Justice was the biggest referral source in the quarter with **29.3%** of the overall referrals. Children and Family Services were the second biggest with **24.1%**.

**Feedback and Satisfaction Survey:**

The number of feedback forms that have been completed are still low and we have made changes to our Consideration for Closure process to ensure the team are offering young people to complete the survey/questionnaire more routinely. This will continue to be monitored, and we are hopeful this will increase. If not, this is not the case, we will have a further review of the process to see what the challenges are and how we address them.

**Feedback from YP:**

*'I liked it. Jade was approachable and easy to talk to. Nothing I didn't like about it really. I've now completely stopped taking the drugs I used to take. I needed to, because I'm going to engineering college in September so I wanted to be clean to give it all I've got, and I can do that now'.*

*'I really liked it, Natalie was so good to work with. I didn't get judged and she advised me the safest ways to use drugs instead of just saying 'don't do it'. This worked for me because I felt I could still make my own decisions, but I had more knowledge. I think you should make Natalie a manager she was brilliant!'*

**Activity Data:**

Our activity data is very healthy and consistent with Q1 reporting. It is slightly down on last years activity due to a member of staff leaving ReFRESH in June.

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**Prevention and Early Intervention - Training**

Total number of CYPFS professionals trained by the ReFRESH service.	July	August	September	Quarterly total	Annual Target
	10	18	61	89	250

CYPFS Professional Area (Social Work, Early Help, Education etc)	Quarterly total
Hull Safeguarding Partnership	19
Youth Development Service	10
Hull Youth Justice Service	30
Early Help Champions	12
NHS Wellbeing & Mental Health Practitioners	10
Social Work Academy	10
VENT Team	8

**Prevention and Early Intervention – Drug/Alcohol/Vaping Education**

Total number of Drug/Alcohol/Vaping Interventions delivered by ReFRESH Service (BI & Education Session).	July	August	September	Quarterly total	Annual Target
	365	0	279	644	For Info.

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Total number of Young People who have received drug/alcohol/vaping education sessions/Brief Intervention.	July	August	September	Quarterly total	Annual Target
	364	0	279	644	400

Setting of drug/alcohol/vaping education/Brief Intervention	Age Range
Wyke College	250
Hull Pride	145
ZebFest	75
Goodwin Community Event	40
Hull College	19
Kingston Youth Centre	12
Children's homes	3

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**Prevention and Early Intervention – 1:1 & Family Support**

<b>Number of Young People receiving Tier 2 – 1:1 targeted/early intervention (rolling number).</b>	<b>July</b>	<b>August</b>	<b>September</b>
	76	71	64

<b>Number of families involved in young person’s ReFRESH support (new presentations)</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Quarterly Total</b>
	5	1	1	7

<b>Number of young people engaging in support regarding the impact of parental/Carer/Family substance misuse (new presentations).</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Quarterly Total</b>
	0	3	2	5

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<b>Number of YP's receiving impact support alongside treatment (new presentations)</b>	<b>Total</b>
	5

**Structured Treatment**

<b>Number of Young People in active treatment – assessed (rolling number).</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Annual Target</b>
	93	90	88	120 young people in treatment per annum.

<b>Number of Young People starting structured treatment (new presentations).</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Quarterly total</b>	<b>Annual Target</b>
<b>Primary Substance: Drugs</b>	4	5	9	18	
<b>Primary Substance: Alcohol</b>	2	2	3	7	
<b>Total</b>	6	7	12	25	90 new presentations per annum.

<b>% of young people starting treatment (first intervention)</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Annual Target</b>
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within 3 weeks from referral to modality start date (NDTMS)				
	100%	100%	100%	100%

Number of Young People in treatment referred for clinical assessment.	July	August	September	Quarterly Total
	2	2	2	6

% of all planned discharges from treatment (split between substance free and occasional user)	July	August	September	Annual Target
	87.5%	100%	89%	80%
Drug/Alcohol Free	57%	37%	37.5%	
Occasional User	43%	63%	62.5%	

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**Wider Support - Vaping**

Total number of young people receiving vaping interventions (active caseload – T2 & T3 – New Presentations).	July	August	September	Annual Target
	0	5	2	For Info.

**Wider Support – Mental Health**

Mental Health support for young people accessing the ReFRESH service	Number for Q2	%
Number of YP's this quarter already engaging with community mental health teams upon entering treatment.	3	37.5%
Number of YP's 'Receiving any NICE-recommended psychosocial or pharmacological intervention provided for the treatment of a mental health problem in drug or alcohol services'	5	62.5%
Number of YP's receiving mental health support from their G.P.	0	0
Number of YP's with current mental health need with no treatment being received.	0	0
<b>Total</b>	<b>8</b>	

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Number of referrals made to mental health services by the ReFRESH team.	Number for Q2
CAMHS	2
The Warren	0
Adult Mental Health Services	0
<b>Total</b>	<b>2</b>

**Wider Support – Mentoring/Social Value**

Number of volunteer mentors in the ReFRESH Service.	Quarterly Total	Annual Target
Total Number of Mentors recruited. (including those awaiting training, references, DBS)	8	TBC
Number of mentors trained with completed DBS and references.	14	20 per annum.
Number of mentors with actively supporting mentee's.	9	10 per annum.

**Wider Support – Narrative**

**Mentors:**

Mentor training session planned for Friday 24<sup>th</sup> October as part of our mentor recruitment plans.

**Steering Group – Gary Lyon, Recovery and Engagement Practitioner**

We have recently been successful in forming a steering group of young people in order to support us a service with consultation advice regarding service development, with recruiting new members of staff, and to provide us with up-to-date information regarding the changing trends of young people and most effective ways of promoting our service using different advertising styles.

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The group was developed after they were selected for a young person's interview panel for a recent recruitment process. All these young people are involved with the service as either receiving current support, or in an aftercare capacity. Their ability and performance and teamwork during this process was outstanding, and they expressed their interest to further contribute to ReFRESH as a service.

Since then, they have worked together again to provide us with advice regarding most effective ways to engage young people, and have also put forward a PowerPoint presentation which included new ideas for promoting ReFRESH within the community, and a potential new design for a Refresh logo that the group view as being more attractive and resonating for young people.

Their forthcoming piece of work is to provide us with advice and suggestions around improving our social media platform.

**Quality Assurance**

<b>Number of Supervision and Management oversight records recorded on Carepath.</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Quarterly Total</b>
	<b>158</b>	<b>143</b>	<b>151</b>	<b>452</b>

<b>Number of full Case File Audits completed.</b>	<b>July</b>	<b>August</b>	<b>September</b>	<b>Quarterly Total</b>
	<b>TBA</b>	<b>TBA</b>	<b>TBA</b>	<b>TBA</b>

Outcomes of full case file Audit.	Quarterly %
Outstanding	
Good	
Requires improvement with elements of good practice	
Requires Improvement	
Inadequate	

**Quarterly DIP Sample Theme and results narrative.**

**Supervision/Management Oversight:** These numbers are from the amount of supervision and management oversight records that are recorded on Carepath. These include MDT case reviews, Risk Management Meetings, outcomes from assessment and closure authorisation and ad hoc informal supervision.

**Case File Audit:** The case file audit plans have been completed, however there has been a delay in mobilisation and implementation. This is due to current capacity issues within the management team at ReFRESH. Plans and proposal of how to resolve this has been approved and recruitment will commence for a new senior practitioner in due course.